

# OPTIONS Program



Now offering services to women and infants in Oswego County.

- Do you need health insurance?
- Do you have medical *issues/concerns* and need help getting medical care ?
- Are you pregnant and feeling overwhelmed?
- Have you just had a baby?
- Do you suffer from *Depression or Addiction*?
- Do you need *Birth Control*?
- Are you a *teenager* who is sexually active, or thinking of becoming sexually active?



**OPTIONS IS HERE TO HELP!**

Please contact an **OPTIONS** Worker today!

**OPTIONS is FREE and Confidential!**

Phone: 315-342-7532  
Fax: 315-342-7554  
Text: 315-297-8228  
Email: [options@oco.org](mailto:options@oco.org)

Address: 18 East Cayuga Street  
Midtown Plaza  
Oswego, NY 13126



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