



Eat at Mom's

Where babies know breast!

Breastfeeding Mom's Group

Eat at Moms is a free, friendly place to connect with other moms. If you are pregnant, stop by to chat, ask questions, or listen. Then... stop back with your baby for support, help, or simply to share!

- baby weight station
- children always welcome
- call if you need help with transportation

*Please Join Us
monthly, every 2nd Thursday*

10:30 am to 12 noon

**January 12
February 9
March 8**

New Meeting Place!
Westside Family Resource Center
200 Wyoming Street
Syracuse, NY 13204

**For more information call
424-0009 ext. 109 or 247-9872**



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