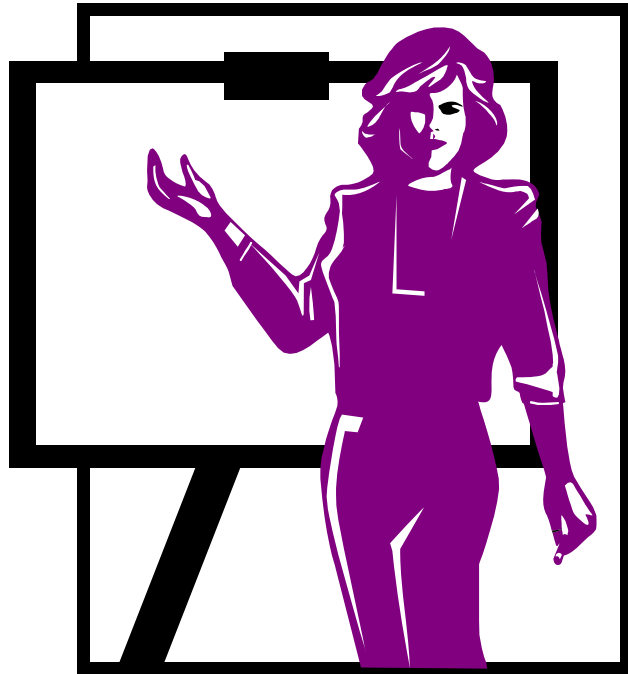


Training Opportunities For Health and Human Service Providers and Consumers



REACH  CNY

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Syracuse, NY 13208
Phone: 315-424-0009
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The following trainings for professionals and consumers can be offered here at REACH CNY or on-site at your agency with a requisite number of attendees. Please feel free to contact us at 315-424-0009 for additional information on any of the trainings.

Trainings for Professionals:

- **Ask Me Three** – This is a training for either providers or consumers. It is an educational program, designed through the Partnership for Clear Health Communication, to promote clear communication between health care providers and patient
- **Breastfeeding Information for Health and Human Service Workers** Programs range from basic breastfeeding information and support guidelines to in-depth skill development for lactation counselors. Presenter is an RN and International Board Certified Lactation Consultant.
- **Club Drugs and Other Emerging Substances: What are they, what do they do and how dangerous are they?** Participants will learn about the whole world of legal and illegal substances being used in our communities, and why it's important to be familiar with their names, effects and what dangers they may pose. Participants will also learn important risk reduction and safety measures users can take to protect themselves.
- **Creating Materials That People Will Read** – this workshop for professionals focuses on the principals of health literacy, social marketing and graphic design. Participants will gain hands on experience in evaluation and creating easy-to-read, attractive health education materials.
- **Folic Acid** - This is a presentation for providers and/or consumers to increase our knowledge of folic acid, its importance for all women of child bearing age, and its benefit to reducing Neural Tube Defects.
- **Head Lice, Crabs, and Bedbugs: Understanding, Controlling, and Getting Rid of Them** – Head lice and crabs are two of the most common health issues facing communities today, while Bed Bugs are one of the fastest rising concerns to our clients. They're not always easy to get rid of, but it can be done! Learn what works and what doesn't how you get them, and how you don't. Appropriate for professionals and/or consumers.
- **Health Literacy** – This workshop gives an overview of the literacy problem in general and more specifically the problem of health literacy and how it affects the health of our community. This workshop will discuss: what Health Literacy is; how it is connected to general literacy issues; what influences health literacy other than reading issues; and basic strategies to use with your clients around health literacy issues.
- **HIV/AIDS History** it's important for people working within the human services field to be aware of how HIV and AIDS have impacted our culture, and also understand where we came from, how services were developed, and how politics, activists, the media and entertainment dealt with this disease. Appropriate for professionals and/or consumers.

▪**HIV/AIDS Trainings (For a complete listing of the HIV/AIDS Institute Trainings please visit our website at www.familytiesnetwork.org.)**

▪**Introduction to the CLAS Standards:** (for professionals/para-professionals.) This is an introduction to the Culturally and Linguistically Appropriate Service Standards issued by the USDH and OMH, with specific attention to the four mandated ones, which refer to language as their primary focus.

▪**Methamphetamines** This workshop will highlight many of the issues dealing with methamphetamines and also help participants identify the various types along with risk reduction measures users can take to protect themselves. Appropriate for professionals and/or consumers.

▪**More than Just the Blues (Post Partum Depression)** – This is a training for providers and/or consumers on Post Partum Depression, its risk factors, symptoms, affects and treatment.

▪**Myths, Urban Legends and Old Wives' Tales: Stories of Sex, Drugs and Everything In Between** – This workshop is suitable for either providers or consumers and will help you learn the truth behind many popular urban legends and myths about sex, contraception, drugs, culture and every day life. Participants will also gain skills which will help them use a critical eye the next fantastic story that crosses their path (or email!)

▪**Oral Health Resource Guide** - This presentation is designed for all those who work with pregnant women, families, and young children. It will offer the basic of oral health information and provide agencies with resources to use with children, parents, and families to help educate on the importance of dental care on the overall health and well being of the entire family.

▪**Pack Your Bags: Essentials for the Road to Cultural Competency** (for professionals/para-professionals.) This is an introduction to the pillars of knowledge/learning essential to developing individual/organizational competency in cross-cultural work.

▪**Roaches, Rats & Mice: Understanding, Controlling, and Getting Rid of Them** – This workshop is suitable for providers or consumers and will understand the behaviors of these animals, and learn why they invade our homes so we can effectively deal with them. Participants will also learn about inexpensive and effective activities and products that will reduce or eliminate pests in their homes.

▪**Shaken Baby Syndrome** – This is a presentation for providers and/or consumers to increase the knowledge of shaken baby syndrome, what can be done to help prevent it, and what to look for.

▪**SID/Safe Sleep Crib Program** - Presentations include SIDS risk reduction information and Safe Sleep Education for health care providers. Cribs 4 Kids - Portable crib distribution program: Safe Sleep Education training and guidelines for crib distribution available for interested organizations.

▪**Signs and Symptoms of Preterm Labor: Understanding Its Importance** - This presentation for providers will address how to recognize who is at risk for preterm labor, learn the signs and

symptoms of preterm labor, when to call a health care provider or go to the hospital, and why it is so very important that all pregnant women know this information.

▪**Social Marketing** -This workshop will teach the basic principles of Social Marketing and how to apply them to make your recruitment, outreach and campaign efforts more effective.

▪**Stages of Change and Motivational Interviewing** Participants will increase knowledge on stages of change theory, how to stage a client and how to utilize motivational interviewing to elicit behavior change by helping clients explore and resolve ambivalence. For Professionals Only.

▪**Supporting LGBT Youth** - Participants will increase their awareness of LGTBQ Youth issues and concerns in school-settings and the community. This training will provide information on LGTBQ terminology; benefits and barriers of beginning an acceptance coalition/group; asset building for LGTBQ youth and how to provide “Safe Space” in schools.

Trainings for Consumers

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▪**Breastfeeding Information** Programs range from basic breastfeeding information and support guidelines to in-depth skill development for lactation counselors. Presenter is an RN and International Board Certified Lactation Consultant.

▪**Child Health and Safety** – This is a workshop for pregnant and parenting families on keeping your child healthy and safe.

▪**Club Drugs and Other Emerging Substances: What are they, what do they do and how dangerous are they?** Participants will learn about the whole world of legal and illegal substances being used in our communities, and why it’s important to be familiar with their names, effects and what dangers they may pose. Participants will also learn important risk reduction and safety measures users can take to protect themselves.

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▪**Oral Health and Pregnancy** - This presentation is designed for consumers to educate them on the connection between oral health and pregnancy and its impact on healthy birth outcomes.

▪**Roaches, Rats & Mice: Understanding, Controlling, and Getting Rid of Them** – This workshop is suitable for providers or consumers and will understand the behaviors of these animals, and learn why they invade our homes so we can effectively deal with them. Participants will also learn about inexpensive and effective activities and products that will reduce or eliminate pests in their homes.

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- For information on any of the above training or to schedule training for your group or agency please call us at 424-0009.

- If you are looking for a specific training and do not see it listed above please call us at 424-0009 and we will see if we can arrange the training for you or refer you another training source.

- For a complete listing of the HIV/AIDS Institute Trainings please visit our website at www.familytiesnetwork.org.

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