

HIV Training Descriptions for REACH CNY January –March 2012 Listed Alphabetically by Training Title

Building Bridges to Cultural Competency

This one-day training explores the broad definition of culture and its relationship to competent and effective health care and human service delivery.

As a result of this training, participants will be able to:

- Discuss invisible privilege and its affect on both receiving and providing services;
- Explore potential obstacles to providing effective services; and
- Describe how these obstacles are created when diverse cultures, Western medicine and human service deliveries collide.

Prerequisite: None

Audience: All health and human service providers.

Group Facilitation Skills for STD/HIV Prevention Interventions

This two-day training will help to increase providers' confidence, knowledge and skills in facilitating groups, particularly for group level HIV/STD prevention interventions (e.g., Centers for Disease Control and Prevention evidenced-based interventions).

As a result of this training participants will be able to:

- Increase their understanding of group process and how it influences behavior change;
- Identify qualities of an effective group facilitator;
- Increase skills in facilitating STD/HIV prevention intervention groups;
- Identify strategies for handling group problems; and
- Learn the importance of training, supporting and evaluating group facilitators.

Prerequisite: None

Audience: All health and human service providers who conduct group level STD/HIV prevention interventions.

HIV Testing: Skills Practice Session

This one-day training will provide participants with an opportunity to practice key skills related to offering HIV testing services.

As a result of this training, participants will be able to:

- Recall how to provide streamlined pre-test information;
- Describe how to deliver preliminary positive and confirmed positive HIV test results;
- Describe how to link newly diagnosed HIV positive patients to health care and support services;
- Provide information to HIV positive patients to promote notification of sexual and needle sharing partners; and
- Conduct the NYS domestic violence screening protocol.

Prerequisite: Knowledge of basic HIV/AIDS information and attendance at the AIDS Institute training, "HIV Testing in NYS: 2010 Update" or an equivalent training.

Audience: All health or human services providers who offer HIV testing as part of their job responsibilities.

Promoting Primary Care & Treatment Adherence for HIV Positive Individuals

This one-day training is designed to increase awareness of non-physician health and human services providers about HIV primary care guidelines and treatment adherence. Providers who are aware of HIV primary care guidelines and strategies for supporting treatment adherence can play an important role in improving the health outcomes of people living with HIV.

At the end of this training, participants will be able to:

- List the components of primary care for patients living with HIV;
- Identify the key elements of the annual comprehensive physical exam for patients living with HIV;
- Identify the routine laboratory screening and assessments used in primary care for people living with HIV, including methods used to assess and measure adherence;
- Recall the different classes of HIV medications and briefly describe how they work;
- Identify common barriers to treatment adherence, including medication side effects;

- List three specific strategies for promoting treatment adherence;
- Identify when referrals to specialty care may be needed;
- Work as a member of the care team to:
 - help patients take advantage of health maintenance services, vaccination, and prophylaxis for opportunistic infections
 - conduct client assessments and make referrals for a variety of psycho-social issues including substance use, mental health, domestic violence, smoking cessation, etc.

Prerequisite: It is strongly recommended that participants have previous knowledge or training on basic HIV/AIDS information.

Audience: All non-physician health and human services providers who work directly with people living with HIV including: case managers, counselors, nurses, support services providers and others.

Reducing the Risk and Harm of HIV

This three-day training will provide participants with information about what behavioral scientists, HIV/AIDS providers and consumers have found to be helpful in reducing the risk and harm associated with HIV infection.

As a result of this training, participants will be able to:

- Assess client readiness for change;
- Describe behavior change counseling; and
- Identify harm reduction options for sexual and substance use behaviors.

Prerequisite: Although there is no prerequisite for this course, it is strongly recommended that participants have basic knowledge of HIV/AIDS.

Audience: All health and human services providers.