

Oswego County Breastfeeding Resource Guide 2024

Free Services/Support

WIC Program

Chris Maddaloni, CLC
Breastfeeding Coordinator/
Nutritionist

Mary Ellen Pierce, CDN, IBCLC
Designated Breastfeeding Expert/
Nutritionist
(P): 315-343-1311

OPTIONS Program

Certified Lactation Counselors/
CHWs

Kathy Corey, CLC
Chelsea Clark, CLC
315-342-0888 ext. 6

Oswego County Health Department Lactation Services

Jennifer DiGregorio BSN, RN, CLC
315-349-3547

Volunteer Services

Lindsay Murphy, BSN, RN, CLC
LMlactation@gmail.com
315-506-3740

Breastfeeding Cafes of Oswego County

Free monthly groups for pregnant
or breastfeeding moms—both
in-person and virtual options
For more info call: 315-802-1467
or follow on FaceBook
@BreastfeedingCafesofOswegoCounty

La Leche League

Andrea Haslans— Leader
315-480-6323

Lisa Emmons—Former Leader
Mother Earth Baby
Store: 315-216-4622
Cell (call/text): 315-719-4498

Independent Private Practice:

Danielle Weibel, CLC
Cell: 518-293-0929
www.dmarielactation.com

Kadee McDonald, CLC
Cell: 315-558-3508

Medical Professional Support

Oswego Hospital
315-349-5511

Breastfeeding Class— Oswego Health
Call to register: 315-349-5572

**Upstate Breastfeeding Medicine
Program**
315-464-MILK (6455)

Breastfeeding Support Websites:

www.womenshealth.gov
www.healthychildren.org
www.llli.org
www.kellymom.com

Follow Oswego County Breastfeeding Coalition
on FB for a monthly BF Calendar of Events